

Global & Public Health Programme Reports

1 General Information	
Study programme & Degree (if applicable: undergraduate studies/degree/institution)	Public Health, Master of Science Medicine
Weblink	https://www.lshtm.ac.uk/study/courses/masters-degrees/public-health
University	London School of Hygiene & Tropical Medicine
City / Country	London, UK
Semesters / Years	1 year, 3 terms
Study / semester abroad	<input type="checkbox"/> mandatory <input checked="" type="checkbox"/> optional
Language of instruction	English

2 Preparations / Organizational Aspects	
When did you start to prepare for the study programme?	10 months in advance to prepare application as well as application for scholarships
What must be considered in preparation for the study programme?	Basic understanding of public health principles and current developments in global health is advisable.
How is the application process? Is there a deadline for the application?	online application deadline: end of June
2a Documents	
Which documents were needed for the application / country entry? How/Where did you get them?	<input type="checkbox"/> report <input checked="" type="checkbox"/> language certificate <input checked="" type="checkbox"/> motivational letter <input checked="" type="checkbox"/> CV/ resumé <input checked="" type="checkbox"/> recommendation letter <input checked="" type="checkbox"/> insurances

Global & Public Health Programme Reports

	<input type="checkbox"/> visa <input type="checkbox"/> vaccines	
2b Financial Aspects		
Are there costs related to the study programme? How much are they?	<input type="checkbox"/> semester contribution <input checked="" type="checkbox"/> tuition fee <input type="checkbox"/> enrolment fee <input checked="" type="checkbox"/> others (application fee)	
How do you finance your study programme (abroad)?	scholarship	
Do you get financial support? (e.g. scholarship, BAföG, etc.) - From which institution do you get the financial support? - How much do you get (optional)? Do you have any tips / experiences for application?	yes, DAAD (German Academic Exchange Service) paid for tuition fee (partly) and living costs	
Do you have insights into jobs for students?	some student jobs are directly offered by the university	
How would you rate the cost of living in your city (in comparison to specific cities in your country?)	high	
Based on your experience, how much should someone calculate for accommodation/ food/ public transportation/ wifi?		
Are there other costs that need to be considered? (e.g., vaccinations, insurances, visa, travel costs)	/	

Global & Public Health Programme Reports

3 Studying	
<p>Why did you decide to study at that university?</p> <ul style="list-style-type: none"> - What appealed to you most? - What does it offer what others don't? 	<ul style="list-style-type: none"> - Possibility to intercalate - Variety of classes offered - Location - Teaching by world leading experts - One year program - Good reputation
<p>Which modules did you take? (brief overview)</p> <p>Which modules did you like/ were special at that university?</p>	<ul style="list-style-type: none"> - Basic Epidemiology - Basic Statistics for Public Health & Policy - Issues in Public Health - Principles of Social Research - Foundations for Health Promotion - Foundations for Health Promotion - Medical Anthropology - Health Care Evaluation - Epi and control of Infectious Diseases - Principles and Practice of Public Health <p>- I specifically enjoyed Medical Anthropology, Epi and Control of Infectious Diseases and Health Promotion.</p>
<p>How would you rate the workload/ amount of self-studying/ group work, etc.?</p> <p>How were the lecturers/ teaching style? What was new for you? What did you have to get used to?</p>	<ul style="list-style-type: none"> - High workload, daily self-studying after classes, group work depended on classes - Compared to medical studies where I was coming from, the classes were more based on reflections and group discussions. A lot of background reading necessary, especially for topics you are not familiar with.
<p>Are there any specialisation areas in your programme? Which did you choose?</p>	<ul style="list-style-type: none"> - Environment & Health - Health Economics - Health Promotion - Health Services Management - Health Services Research - Public Health (General stream)

Global & Public Health Programme Reports

<p>To which extent were international and global topics discussed/ part of the study programme? Which topics were the most interesting/ you liked most?</p>	<ul style="list-style-type: none"> - International examples and global topics were present in most courses. - I mostly enjoyed anthropological, commercial and social perspectives on global health issues.
<p>Where is the campus located? Is the campus spread throughout the city? Is it easy to arrive?</p>	<ul style="list-style-type: none"> - Central London, two main buildings in walking distance, easy to get to

4 Living	
<p>Briefly describe your daily life. How is your study-work-life-balance?</p>	<ul style="list-style-type: none"> - Classes in the morning and afternoon, self-study time in the afternoon, lots of social activities in and around the school mostly. - Good work-life-balance and time to enjoy the city
<p>How do you experience the city/country and people/ fellow students? How is the atmosphere?</p>	<ul style="list-style-type: none"> - Amazing atmosphere in the school, where everyone is highly motivated to contribute to public/ global health, lots of international students.
<p>What did you learn for yourself personally and culturally? [e.g. an event / situation which was eye-opening / insightful / enlightening]</p>	<ul style="list-style-type: none"> - People in general are very approachable and helpful. It is very easy to reach out to professors or researchers at the school to ask for advice or just talk about their work. - British food might not be the best, but London offers a great variety of cake shops.
<p>Do you have any tips for leisure activities?</p> <ul style="list-style-type: none"> - What does someone have to see? - Are there college sports at university? 	<ul style="list-style-type: none"> - Walking through the parks (esp. Hamstead Heath, Primrose Hill) and along the canal - Museums (all free) - University of London sports classes (I did Swing dancing) - Basically, there are tons of free cultural events & sometimes even free food around the campus.

Global & Public Health Programme Reports

<ul style="list-style-type: none"> - Are there any student events to connect (e.g. coffee break, etc.)? - Are there any (regional) cultural events? 	
<p>What do you have to consider about public transport? What is important? What is different?</p> <ul style="list-style-type: none"> - Most used transportation? - Are there semester/ student tickets? 	<ul style="list-style-type: none"> - Depending on where you live, cycling works great, otherwise metro and bus are my most used modes of transport. It is advisable to get a monthly ticket.
<p>What do you need (not) to pack/ prepare?</p> <ul style="list-style-type: none"> - What is life-saving in the host city/ country? - What do you regret (not) bringing? - Do you have any tips for preparation? 	

5 Reflection

<p>What is your personal experience about your study programme? Would you recommend the study programme?</p> <ul style="list-style-type: none"> - What did you especially like? - What did you not like? 	<p>I loved the program. The year in London was eye opening for me and to a high degree influenced my further career steps as well as how I see medicine now.</p> <p>Coming from quite rigour medical studies, I enjoyed the way of learning which included discussions, group works and other interactive formats. The course gave me a good understanding of public health methods but also opened my eyes to new topics and challenges.</p>
<p>How did you experience the organisation and support at your university?</p> <p>Is there any special support for international students?</p>	<p>The university environment was very supportive and there are support persons and psychologists available for students.</p>

Global & Public Health Programme Reports

<p>What are your personal experiences about living in the host city/ country?</p> <p>What broadened your mind? Have you left your comfort zone? Have you changed your mindset? If yes, in which way?</p>	<p>Only good experiences, would have liked to travel more outside of London</p>
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6 Recommendation	
<p>Do you have other tips for studying the programme & living in the host city/ country?</p>	
<p>Do you have contact persons or information for support:</p> <ul style="list-style-type: none"> - student supports - international office - accommodation service - etc. 	<p>All available on the university website.</p>
<p>Your name, contact information (highly appreciated, but not mandatory)</p>	<p>laura.kunigunde@gmail.com</p>