

## Global & Public Health Programme Reports

1 General Information	
Study programme & Degree (if applicable: undergraduate studies/degree/institution)	Public Health, M.Sc. Institute for Medical Information Processing, Biometry, and Epidemiology; Pettenkofer School of Public Health
Weblink	<a href="https://www.ibe.med.uni-muenchen.de/studium_lehre/public-health/index.html">https://www.ibe.med.uni-muenchen.de/studium_lehre/public-health/index.html</a>
University	Ludwig-Maximilians-Universität München / LMU Munich
City / Country	Munich / Germany
Semesters / Years	4 semesters / 2 years (120 ECTS)
Study / semester abroad	<input type="checkbox"/> mandatory <input checked="" type="checkbox"/> optional

2 Preparations / Organizational Aspects	
When did you start to prepare for the study programme?	1 semester / 6 months in advance
What must be considered in preparation for the study programme?	Preparation for the written and oral entrance exam recommended (starting 2-3 months before taking the test). The teaching language is German.
How is the application process? Is there a deadline for the application?	Deadline for the application is usually in the beginning of April (for the winter term the same year), the written entrance exam is held in May/June, the oral entrance exam is taking place in June/July.
2a Documents	
Which documents were needed for the application / country entry? How/Where did you get them?	<input type="checkbox"/> report <input checked="" type="checkbox"/> language certificate <input checked="" type="checkbox"/> motivational letter <input checked="" type="checkbox"/> CV/ resumé <input type="checkbox"/> recommendation letter <input checked="" type="checkbox"/> insurances
	For international applicants, who did not receive their first degree from a German university, the process of applying consists of two separate parts. You need to apply to the MSc Public Health

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	<input checked="" type="checkbox"/> visa (for non-EU students) <input type="checkbox"/> vaccines <input checked="" type="checkbox"/> Bachelor's or first degree diploma or transcript of records of the final semester	Programme and in addition to the International Office of the Ludwig-Maximilians-University (LMU) in order to get the letter of admission to study at the LMU.
<b>2b Financial Aspects</b>		
Are there costs related to the study programme? How much are they?	<input checked="" type="checkbox"/> semester contribution <input type="checkbox"/> tuition fee <input type="checkbox"/> enrolment fee <input type="checkbox"/> others	There are no tuition fees for this programme. There is, however, a semester fee for each student comprising a student services contribution and a basic fee for public transportation (approx. 150€ per semester).
How do you finance your study programme (abroad)?	Working as a student assistant at the university.	
Do you get financial support? (e.g. scholarship, BAföG, etc.) - From which institution do you get the financial support? - How much do you get (optional)? Do you have any tips / experiences for application?	In the case of a stay abroad (semester or internship abroad), various scholarships and funding opportunities are presented for which students can apply.  Additionally, there are various programmes and some funding opportunities at the Medical Faculty and <a href="#">LMU Munich</a> .	
Do you have insights into jobs for students?	There are plenty of offerings for student assistant positions (salary approx. 10€ / hour), working as a waiter/waitress is another option.  Work permit regulations may vary depending on your nationality and/or visa status. For further information on how to access the German labour market for you, please contact either the German embassy or the consulate responsible for issuing your visa.  You can find a list of student jobs <a href="#">here</a> . Further job opportunities as well as opportunities for further	

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	qualifications can be found on the website of the <a href="#">LMU Career Service</a> .
How would you rate the cost of living in your city (in comparison to specific cities in your country?)	High costs of living compared to other cities in Germany.
Based on your experience, how much should someone calculate for accommodation/ food/ public transportation/ wifi?	Shared apartment / student housing approx. 500-700€ per month. Food/groceries approx. 200-300€ per month. Public transportation approx. 200€ per semester. Wifi approx. 25€ per month.
Are there other costs that need to be considered? (e.g., vaccinations, insurances, visa, travel costs)	No.

<b>3 Studying</b>	
Why did you decide to study at that university? - What appealed to you most? - What does it offer what others don't?	Valuable connections and co-operations with various organisations / institutions, e.g. WHO, Cochrane Germany/Europe, Helmholtz Centre, OECD London School of Hygiene and Tropical Medicine etc. Possibility to make an additional semester abroad (current options Tromsø, Norway; Bordeaux, France; Warsaw, Poland)  Mandatory internship for one semester at a research institution or international health organisation.
Which modules did you take? (brief overview)  Which modules did you like/ were special at that university?	<ul style="list-style-type: none"> <li>- Biostatistics I and II</li> <li>- Epidemiology I and II</li> <li>- Prevention and Health Promotion</li> <li>- Global Public Health</li> <li>- Epidemiology of Diet and Lifestyle Factors</li> <li>- Public Health competencies (research skills, politics, medical basics, intercultural competencies)</li> <li>- Health economics</li> <li>- SAS</li> </ul>

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<p>How would you rate the workload/ amount of self-studying/ group work, etc.?</p> <p>How were the lecturers/ teaching style? What was new for you? What did you have to get used to?</p>	<p>Good balance of workload and ratio self-studying/group work.</p> <p>Teaching style was most of the time lectures, less group sessions.</p>
<p>Are there any specialisation areas in your programme? Which did you choose?</p>	<p>Various specialisation areas and electives, e.g.:</p> <ul style="list-style-type: none"> <li>- Epidemiology</li> <li>- Clinical Epidemiology</li> <li>- Environmental, Occupational and Radiation Epidemiology</li> <li>- Genetic Epidemiology</li> <li>- Advanced Biometry</li> <li>- Recent Developments in Biostatistics</li> <li>- Health Communication</li> <li>- Epidemiology of Diet and Lifestyle Factors</li> <li>- Applied Statistics in Epidemiology</li> <li>- Prevention and Health Promotion</li> <li>- Health Services Research and Health Economics</li> <li>- Social and Behavioural Sciences</li> <li>- Global Public Health</li> <li>- Qualitative Methods</li> <li>- Public Mental Health</li> <li>- Health Care Research</li> </ul>
<p>To which extent were international and global topics discussed/ part of the study programme?</p> <p>Which topics were the most interesting/ you liked most?</p>	<p>International/global topics were only discussed within the module Global Public Health. All other courses focused especially on the German health care situation.</p> <p>I enjoyed most the Global Public Health module and the Epidemiology lectures.</p>
<p>Where is the campus located? Is the campus spread throughout the city? Is it easy to arrive?</p>	<p>The campus is spread throughout the city. The lectures take place at the university clinic in Großhadern (in the west of Munich), approx. 20min by subway from the city center.</p>

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4 Living	
Briefly describe your daily life. How is your study-work-life-balance?	3-4 days / week: lectures, 1-2 days / week: working Leisure time in the afternoon / evening. Good study-work-life-balance.
How do you experience the city/country and people/fellow students? How is the atmosphere?	Good atmosphere, might be a little hard to get in contact with native Germans (especially people in Munich are a little distant at the beginning)
What did you learn for yourself personally and culturally?  [e.g. an event / situation which was eye-opening / insightful / enlightening]	I am originally from Munich, so hard to tell.  I really enjoyed the events organised by the LMU CIH (Center for International Health) – interesting topics and nice mix of people.
Do you have any tips for leisure activities? - What does someone have to see? - Are there college sports at university? - Are there any student events to connect (e.g. coffee break, etc.)? - Are there any (regional) cultural events?	<ul style="list-style-type: none"> <li>- College sports can be joined through the <a href="#">Hochschulsport</a> (approx. 20€ per semester for the basic membership)</li> <li>- Perfect running routes through the English garden or along the Isar</li> <li>- Beerhall festivals: Oktoberfest in late September/early October, Starkbierfest in mid-March</li> <li>- Various castles, lakes and mountains around Munich (good train connection)</li> </ul>
What do you have to consider about public transport? What is important? What is different? - Most used transportation? - Are there semester/student tickets?	Available public transportation within Munich: U-Bahn, S-Bahn (subway), bus, tram – very good connections and timetable (only not running between 2am and 5am, besides some nightliners); semester ticket: approx.. 200€ per semester  Good public transportation between German cities for travelling (bus, train)

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<p>What do you need (not) to pack/ prepare?</p> <ul style="list-style-type: none"> <li>- What is life-saving in the host city/ country?</li> <li>- What do you regret (not) bringing?</li> <li>- Do you have any tips for preparation?</li> </ul>	<ul style="list-style-type: none"> <li>- Hiking clothes/shoes</li> <li>- Warm and cold clothing (approx. 25 degrees Celsius in the summer, around 6 degrees Celsius in the winter)</li> </ul>
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5 Reflection	
<p>What is your personal experience about your study programme? Would you recommend the study programme?</p> <ul style="list-style-type: none"> <li>- What did you especially like?</li> <li>- What did you not like?</li> </ul>	<p>I would definitely recommend the study programme but the teaching language is indeed almost entirely German (German level C1 is necessary). There is the option to take some courses from the M.Sc. Epidemiology programme (held in English).</p> <p>After graduating, some of the students decide to pursue a PhD diploma or continue working in research at the university. Other graduates work in the pharmaceutical industry, in consulting agencies, at health insurance companies, clinical research organisations and in governmental and non-governmental organisations.</p> <p>I especially enjoyed the mandatory 16 weeks internship in the 3<sup>rd</sup> semester and that the master students have a variety of backgrounds (health sciences, pharmacy, natural sciences, nutritional sciences, law, economics, etc.). Biostatistics lessons could be better.</p>
<p>How did you experience the organisation and support at your university?          Is there any special support for international students?</p>	<p>Very good organisation of the programme, course coordinators very helpful and prompt replies to any requests.          Special support for international students through the <a href="#">LMU international office</a>.</p>
<p>What are your personal experiences about living in the host city/ country?</p>	<p>Beautiful city with a present Bavarian culture (beergardens etc.), close to many lakes and mountains but also many museums / galleries. Perfect for active people.</p> <p>High costs of living and dining.</p>

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<p>What broadened your mind?          Have you left your comfort zone? Have you changed your mindset? If yes, in which way?</p>	
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6 Recommendation	
<p>Do you have other tips for studying the programme &amp; living in the host city/ country?</p>	<p>A lot of useful information provided on the <b>course website</b>:</p>
<p>Do you have contact persons or information for support:</p> <ul style="list-style-type: none"> <li>- student supports</li> <li>- international office</li> <li>- accommodation service</li> <li>- etc.</li> </ul>	<p>Course coordinators: Dr. Michaela Coenen, Karin Seeger  <a href="mailto:public.health@ibe.med.uni-muenchen.de">public.health@ibe.med.uni-muenchen.de</a></p> <p><u><a href="#">International office LMU</a></u>          Room G015          Besucher/Visitors: Ludwigstraße 27 Post: Geschwister-Scholl-Platz 1          80539 München          Phone: +49 89 2180-2823</p> <p>Accommodation: Finding accommodation in Munich can be difficult, especially in September, October and November, when most new students arrive in the city. Therefore, it is advisable to start looking for accommodation as soon as possible. Most students live in private rooms or (shared) apartments (e.g. <a href="#">wg-gesucht.de</a>). Rooms in students' halls or residence usually have long waiting lists. Most of these rooms are managed by "Studentenwerk München". For further information and advice for students looking for accommodation in Munich, please consult: <a href="http://www.studentenwerk-muenchen.de/en/">www.studentenwerk-muenchen.de/en/</a>.</p>
<p>Your name, contact information (highly appreciated, but not mandatory)</p>	<p>Carmen Klinger  <a href="mailto:carmenklinger@hotmail.de">carmenklinger@hotmail.de</a></p>