

## Global & Public Health Programme Reports

1 General Information	
Study programme & Degree (if applicable: undergraduate studies/degree/institution)	Master of Science (M.Sc.) in Global Health Faculty of Health and Medical Sciences
Weblink	<a href="https://studies.ku.dk/masters/global-health/">https://studies.ku.dk/masters/global-health/</a>
University	University of Copenhagen (UCPH)
City / Country	Copenhagen, Denmark
Semesters / Years	4 semester, 2 years
Study / semester abroad	<input type="checkbox"/> mandatory <input checked="" type="checkbox"/> optional
Language of instruction	English

2 Preparations / Organizational Aspects	
When did you start to prepare for the study programme?	I started quite early with the preparation of the program to collect all the required documents due to the early application deadline. I guess it was around 10 months prior to the study start.
What must be considered in preparation for the study programme?	Additional relevant documents <ul style="list-style-type: none"> <li>• Description of grading and credit system</li> <li>• Course description of former courses relevant for the program - provided in English, Danish, Swedish or Norwegian</li> <li>• Letter of academic relevance (considering specific questions listed on the website)</li> </ul>
How is the application process? Is there a deadline for the application?	You can hand in your application through a national application portal. Deadlines are depending on your nationality in January or March. You will receive your application result via the Application Portal and can only submit a maximum of 3 applications to UCPH study programmes with the same study start.

## Global & Public Health Programme Reports

2a Documents		
<p>Which documents were needed for the application / country entry? How/Where did you get them?</p>	<p><input type="checkbox"/> report  <input checked="" type="checkbox"/> language certificate  <input checked="" type="checkbox"/> motivational letter (letter of academic relevance)  <input checked="" type="checkbox"/> CV/ resumé  <input type="checkbox"/> recommendation letter  <input type="checkbox"/> insurances  <input type="checkbox"/> visa  <input type="checkbox"/> vaccines</p>	<p><b>Application fees</b>            Citizens from a country outside the EU, EEA or Switzerland must pay an application fee of DKK 750 (approx. EUR 100).</p>
2b Financial Aspects		
<p>Are there costs related to the study programme? How much are they?</p>	<p><input type="checkbox"/> semester contribution  <input checked="" type="checkbox"/> tuition fee (only for Non-EU citizens)  <input type="checkbox"/> enrolment fee  <input type="checkbox"/> others</p>	<p><b>Tuition fees</b>            As a citizen of the EU, EEA or Switzerland, you do not have to pay any tuition fees.</p> <p>As a citizen from a country outside the EU, EEA or Switzerland you must pay tuition fees. Tuition fee for the two-year MSc in Immunology and Inflammation is DKK 250,000 (2020).</p>
<p>How do you finance your study programme (abroad)?</p>	<p>I worked full-time for half a year prior to the study program.</p>	
<p>Do you get financial support? (e.g. scholarship, BAföG, etc.)</p> <ul style="list-style-type: none"> <li>- From which institution do you get the financial support?</li> <li>- How much do you get (optional)?</li> </ul> <p>Do you have any tips /</p>	<p>No, but there are various scholarships available for (non-) EU students.</p>	

## Global & Public Health Programme Reports

experiences for application?	
Do you have insights into jobs for students?	As Non-Danish speaking persons, the job search can be quite difficult and competitive. There are not that many jobs where only English is required. However, once you find a job you have the possibility to apply for SU if you work more than 11 hours per week. It is financial support from the government which you don't have to pay back. Only EU citizens can apply for SU ( <a href="https://www.su.dk/english/">https://www.su.dk/english/</a> ).
How would you rate the cost of living in your city (in comparison to specific cities in your country?)	The costs are quite high. For rent you have to calculate at least 650€ per month. At the cafeteria they offer lunch and snacks which are also quite expensive in my opinion. The city also doesn't provide a lot of student discounts.
Based on your experience, how much should someone calculate for accommodation/ food/ public transportation/ wifi?	The rent is expensive in Copenhagen with around 650 up to 800€ per month. Additionally, I calculated around 300€ for groceries and free time activities etc..
Are there other costs that need to be considered? (e.g., vaccinations, insurances, visa, travel costs)	No, if you have the yellow card (Danish citizen proof) you are allowed to use the health care system.

3 Studying	
Why did you decide to study at that university? - What appealed to you most? - What does it offer what others don't?	In the second semester the program provides a country exposure where you visit a partner university in Europe or Africa. You also have the possibility to include an internship in your studies.
Which modules did you take? (brief overview)	<ol style="list-style-type: none"> <li>1. First semester:           <ul style="list-style-type: none"> <li>• <a href="#">Global Health and Diseases: Introduction and Major Challenges</a></li> <li>• <a href="#">Health Research Methodology</a></li> <li>• <a href="#">The Anthropology of Global Health</a></li> </ul> </li> </ol>

## Global & Public Health Programme Reports

<p>Which modules did you like/ were special at that university?</p>	<ul style="list-style-type: none"> <li>• <a href="#">Drivers of Change in Human Health: Coping with Population and Environmental Dynamics</a></li> </ul> <p>2. Semester</p> <ul style="list-style-type: none"> <li>• <a href="#">Country Exposure</a></li> <li>• <a href="#">Global Partners, Policies and Health Care Systems</a></li> <li>• <a href="#">Strategies for Health Promotion and Disease Prevention</a></li> </ul>
<p>How would you rate the workload/ amount of self-studying/ group work, etc.?</p> <p>How were the lecturers/ teaching style? What was new for you? What did you have to get used to?</p>	<p>The workload is quite high and a lot of self-study is required. Usually there are readings to prepare for each class. In almost every course group work is integrated. Mostly as preparation for the exam.</p> <p>The topics of the lectures are very multifarious and we had a lot of different lecturers. Sometimes it became repetitive because the different lecturers didn't know what the others talked about.</p>
<p>Are there any specialisation areas in your programme? Which did you choose?</p>	<p>Yes, you can choose between four different study tracks:</p> <ol style="list-style-type: none"> <li>1. Global Health: Policy, Financing and Health Care Systems</li> <li>2. Global Health: Disease Burden, Challenges and Changes</li> <li>3. Global Health: E-health and ICT in Health (mostly in Danish)</li> <li>4. Global Health: Disaster Risk Management</li> <li>5. Global Health: Generalist track</li> </ol>
<p>To which extent were international and global topics discussed/ part of the study programme?</p> <p>Which topics were the most interesting/ you liked most?</p>	<p>We mostly talked about international and global topics. Some examples of classes focused more on the European region, others only on Denmark. Since the university does a lot of studies in the global south and especially in Tanzania this area is focused.</p>
<p>Where is the campus located? Is the campus spread throughout the city? Is it easy to arrive?</p>	<p>The university has various campuses spread within the city. The campus for Global Health classes is located in the city center and can be reached by bike, bus or underground.</p>

## Global & Public Health Programme Reports

4 Living	
<p>Briefly describe your daily life. How is your study-work-life-balance?</p>	<p>In the first semester we had only one class per day of around three hours. In the second semester we had longer classes. Especially in the first year the classes needed a lot of preparation which were mostly readings. The university calculates eight hours of study per day. Most of the time is needed for self study. The recommendation is to mostly focus on university work but you can integrate a student job.</p>
<p>How do you experience the city/country and people/fellow students? How is the atmosphere?</p>	<p>There were around 40 students in our class with a high number of Danish students. Most international students stuck together.</p>
<p>What did you learn for yourself personally and culturally?</p> <p>[e.g. an event / situation which was eye-opening / insightful / enlightening]</p>	
<p>Do you have any tips for leisure activities?</p> <ul style="list-style-type: none"> <li>- What does someone have to see?</li> <li>- Are there college sports at university?</li> <li>- Are there any student events to connect (e.g. coffee break, etc.)?</li> <li>- Are there any (regional) cultural events?</li> </ul>	<p>The city provides a lot of sightseeing which is definitely recommended. You should definitely go to the beach in summer.</p> <p>As far as I know the university doesn't offer college sports but there are a lot of gyms in the city.</p> <p>There are a lot of Friday bars offered. Unfortunately, one of the big open-door events in the entire city was cancelled due to COVID.</p>
<p>What do you have to consider about public transport? What is important? What is different?</p> <ul style="list-style-type: none"> <li>- Most used transportation?</li> <li>- Are there semester/student tickets?</li> </ul>	<p>The underground in the inner city is quite new. I used it when I had to go further out of the city or the weather was too bad for biking. There was no student ticket, however I used a card which is rechargeable, and you pay per ride. A bike is needed in the city as well as good clothing.</p>

**Global & Public Health Programme Reports**

<p>What do you need (not) to pack/ prepare?</p> <ul style="list-style-type: none"> <li>- What is life-saving in the host city/ country?</li> <li>- What do you regret (not) bringing?</li> <li>- Do you have any tips for preparation?</li> </ul>	<p>Clothes against rain and wind are definitely needed! I got a long rain jacket and rain trousers because the weather can switch quite quickly.          During autumn and winter, I can recommend a cup which you can carry around for hot drinks. It is always good to bring your own coffee/tea because this can be super expensive.</p>
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**5 Reflection**

<p>What is your personal experience about your study programme? Would you recommend the study programme?</p> <ul style="list-style-type: none"> <li>- What did you especially like?</li> <li>- What did you not like?</li> </ul>	<p>I enjoyed the program and the different offered courses. I was able to get insights in a lot of different global health relevant topics. The second year can be organized individually based on your own interests which I really liked.          Bureaucratic processes can take quite a while and you have to be very patient if you hand in any forms especially during the summer holidays.</p>
<p>How did you experience the organisation and support at your university?</p> <p>Is there any special support for international students?</p>	<p>The university offers study and exam guidance. You can give them a call or book an individual appointment. They are usually very supportive and try their best to help.</p> <p>I am not aware of any special international students support. But everyone speaks English and it is easy to find support.</p>
<p>What are your personal experiences about living in the host city/ country?</p> <p>What broadened your mind? Have you left your comfort zone? Have you changed your mindset? If yes, in which way?</p>	<p>Since I only lived there for around half a year, my experiences are unfortunately a little limited. I experienced Danish people as nice whenever you have questions or need advice. But it can be hard to actually get closer to them.</p> <p>The city itself offers a lot of different activities and sightseeing opportunities. Also, the beach is very close which is super nice during summer time.</p>

## Global & Public Health Programme Reports

6 Recommendation	
<p>Do you have other tips for studying the programme &amp; living in the host city/ country?</p>	<p>Prior to applying, I would try to reach out to current students of the program. You could find them for example via LinkedIn or Facebook. Contact them and ask all your questions about the program.</p> <p>I also recommend traveling in periods which aren't that busy with uni work. It is easy to just stay in Copenhagen since it is the capital but there are other nice cities and landscapes to explore. Due to COVID-19 I missed that chance.</p>
<p>Do you have contact persons or information for support:</p> <ul style="list-style-type: none"> <li>- student supports</li> <li>- international office</li> <li>- accommodation service</li> <li>- etc.</li> </ul>	<p>Student and career guidance:  <a href="https://healthsciences.ku.dk/education/study-information/student-and-career-guidance/">https://healthsciences.ku.dk/education/study-information/student-and-career-guidance/</a></p> <p>School of Global Health  <a href="https://globalhealth.ku.dk/contact/">https://globalhealth.ku.dk/contact/</a></p>
<p>Your name, contact information (highly appreciated, but not mandatory)</p>	<p>Victoria Klumpp  victoria.klumpp@web.de</p>