

## Global & Public Health Programme Reports

1 General Information	
Study programme & Degree (if applicable: undergraduate studies/degree/institution)	Master of Science (M.Sc.) in Public Health - Prevention and Evaluation  Faculty of Behavioural and Social Sciences, Institute of Sociology
Weblink	<a href="https://www.tu-chemnitz.de/hsw/soziologie/Studium/public_health.php.en">https://www.tu-chemnitz.de/hsw/soziologie/Studium/public_health.php.en</a>
University	University of Technology Chemnitz
City / Country	Chemnitz, Germany
Semesters / Years	4 / 2
Study / semester abroad	<input type="checkbox"/> mandatory <input checked="" type="checkbox"/> optional
Language of instruction	German

2 Preparations / Organizational Aspects	
When did you start to prepare for the study programme?	July (2,5 months before the semester started)
What must be considered in preparation for the study programme?	nothing
How is the application process? Is there a deadline for the application?	Semester starts only in the winter semester.  Application deadline: 15th July.  Online via <a href="https://campus.tu-chemnitz.de/qisserver/pages/cs/sys/portal/hisinoneStartPage.faces?chco=y">https://campus.tu-chemnitz.de/qisserver/pages/cs/sys/portal/hisinoneStartPage.faces?chco=y</a>

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2a Documents		
Which documents were needed for the application / country entry? How/Where did you get them?	<input type="checkbox"/> report <input type="checkbox"/> language certificate <input type="checkbox"/> motivational letter <input type="checkbox"/> CV/ resumé <input type="checkbox"/> recommendation letter <input type="checkbox"/> insurances <input type="checkbox"/> visa <input type="checkbox"/> vaccines	
2b Financial Aspects		
Are there costs related to the study programme? How much are they?	<input checked="" type="checkbox"/> semester contribution <input type="checkbox"/> tuition fee <input type="checkbox"/> enrolment fee <input type="checkbox"/> others	268,58 € per semester, public transport is included for Chemnitz (all) and Saxony (only trains)
How do you finance your study programme (abroad)?	I'm working as a student assistant + support through parents	
Do you get financial support? (e.g. scholarship, BAföG, etc.) - From which institution do you get the financial support? - How much do you get (optional)? Do you have any tips / experiences for application?	no	
Do you have insights into jobs for students?	There are always a few vacancies at the beginning of the semester.	
How would you rate the cost of living in your city (in comparison to specific cities in your country?)	Very low, rent is as low as you can wish.	

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Based on your experience, how much should someone calculate for accommodation/ food/ public transportation/ wifi?	Rent in a shared flat about 250 €, food about 100 € and wifi 25 € per month. Public transport is included in the semester contribution.
Are there other costs that need to be considered? (e.g., vaccinations, insurances, visa, travel costs)	GEZ-contributions: 17€ per household per month Health insurance: about 110 € for students (internationals or over 25 years) Travelling in Saxony with trains is included in the semester contribution

3 Studying	
Why did you decide to study at that university? - What appealed to you most? - What does it offer what others don't?	Study description, cross-sectional study programme, in which all three institutes of the faculty are involved.  low rent, nice city to study in  friends there because I've done there already my bachelor's degree
Which modules did you take? (brief overview)  Which modules did you like/ were special at that university?	Epidemiology, health reporting, health sociology, statistics, gerontopsychology, health and quality management, evidence-based medicine, ...  Epidemiology and health reporting
How would you rate the workload/ amount of self-studying/ group work, etc.?  How were the lecturers/ teaching style? What was new for you? What did you have to get used to?	Workload is normal, side jobs are possible.  We had 3 bigger projects in groups (1 per semester).  Some courses were held as frontal lessons, others were participative (discussions welcome), some courses were held through student's presentations
Are there any specialisation areas in your programme? Which did you choose?	No, focus of the programme is given (prevention and evaluation)

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<p>To which extent were international and global topics discussed/ part of the study programme?</p> <p>Which topics were the most interesting/ you liked most?</p>	<p>One course compared international health sciences → international and global topics were discussed.</p> <p>And in epidemiology was the COVID-19-pandemic examined, this was the most interesting, because it was currently important.</p>
<p>Where is the campus located? Is the campus spread throughout the city? Is it easy to arrive?</p>	<p>There are 4 campus parts, but public health is mostly in one and maybe a few courses in another. You can take your bike or bus and it takes no longer than 20 min.</p>

4 Living	
<p>Briefly describe your daily life. How is your study-work-life-balance?</p>	<p>Going to lectures (extensive lunch break included) and doing some study related homework until early evening, after that working and meeting friends or watch TV series</p>
<p>How do you experience the city/country and people/ fellow students? How is the atmosphere?</p>	<p>In Chemnitz is a nice atmosphere, there are a lot of (student) groups, where you can volunteer and network. The city is green, and you can easily reach the forests. Students at the university are all open-minded.</p>
<p>What did you learn for yourself personally and culturally?</p> <p>[e.g. an event / situation which was eye-opening / insightful / enlightening]</p>	<p>Going to international parties organized by international students is fantastic to develop wanderlust.</p>
<p>Do you have any tips for leisure activities?</p> <ul style="list-style-type: none"> <li>- What does someone have to see?</li> <li>- Are there college sports at university?</li> <li>- Are there any student events to connect (e.g. coffee break, etc.)?</li> </ul>	<p>In the city are a lot of festivals, hiking in the near Ore Mountains is really relaxing or to exercise more are at the university sport classes and a cheap fitness centre.</p> <p>In Mensa/Cafeteria are some spots to hide for studying or doing group projects or to chat and drink coffee.</p>

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<p>What do you have to consider about public transport? What is important? What is different?</p> <ul style="list-style-type: none"> <li>- Most used transportation?</li> <li>- Are there semester/ student tickets?</li> </ul>	<p>Bus, tram and train in Chemnitz are included in semester contribution, same with trains in Saxony. Bus drivers are there the kindest and really! social. Most used busses and tram.</p>
<p>What do you need (not) to pack/ prepare?</p> <ul style="list-style-type: none"> <li>- What is life-saving in the host city/ country?</li> <li>- What do you regret (not) bringing?</li> <li>- Do you have any tips for preparation?</li> </ul>	<p>Take your or buy a bike!</p>

### 5 Reflection

<p>What is your personal experience about your study programme? Would you recommend the study programme?</p> <ul style="list-style-type: none"> <li>- What did you especially like?</li> <li>- What did you not like?</li> </ul>	<p>I liked the projects, which were really hands-on, although it was sometimes complicated.</p>
<p>How did you experience the organisation and support at your university?</p> <p>Is there any special support for international students?</p>	<p>If you have questions or need help there is always someone, who helps. International students can join in the buddy programme, there you have a buddy, who you can ask first. The buddies can then refer you to the right place.</p>
<p>What are your personal experiences about living in the host city/ country?</p>	<p>I lived a few years in Chemnitz, and it was a wonderful time, I regret nothing.</p> <p>The free language courses at the university broadened my mind because I learned two new languages.</p>

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<p>What broadened your mind?          Have you left your comfort zone? Have you changed your mindset? If yes, in which way?</p>	<p>After my time in Chemnitz, I can say that the prejudices about Chemnitz are not real. The majority of the city is open minded and welcome others.</p>
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<b>6 Recommendation</b>	
<p>Do you have other tips for studying the programme &amp; living in the host city/ country?</p>	<p>Stata is the used statistic software. If you don't know it, go on youtube to get a bit used to it. Otherwise, you'll have a hard start.</p>
<p>Do you have contact persons or information for support:</p> <ul style="list-style-type: none"> <li>- student supports</li> <li>- international office</li> <li>- accommodation service</li> <li>- etc.</li> </ul>	<p>Programme Coordinator: Prof. Dr. Peter Kriwy  <a href="https://www.tu-chemnitz.de/hsw/soziologie/Professuren/Gesundheitssoziologie/index.php">https://www.tu-chemnitz.de/hsw/soziologie/Professuren/Gesundheitssoziologie/index.php</a>             International office: <a href="https://www.tu-chemnitz.de/international/index.php.en">https://www.tu-chemnitz.de/international/index.php.en</a></p>
<p>Your name, contact information (highly appreciated, but not mandatory)</p>	