

Global & Public Health Programme Reports

1 General Information	
Study programme & Degree (if applicable: undergraduate studies/degree/institution)	Master of Public Health
Weblink	https://www.haw-hamburg.de/en/translate-to-english-study-courses/studieninteressierte/ls/public-health-mp/h/
University	Hamburg University of Applied Sciences
City / Country	Hamburg, Germany
Semesters / Years	3 semesters
Study / semester abroad	<input type="checkbox"/> mandatory <input checked="" type="checkbox"/> optional
Language of instruction	English

2 Preparations / Organizational Aspects	
When did you start to prepare for the study programme?	Some months in advance
What must be considered in preparation for the study programme?	Requirements: English language proficiency, Bachelor degree or degree in a healthcare profession, one year of relevant working experience
How is the application process? Is there a deadline for the application?	For the winter semester: 1 December – 31 March For the summer semester: 1 June – 30 September
2a Documents	
Which documents were needed for the application / country entry? How/Where did you get them?	<input type="checkbox"/> report <input checked="" type="checkbox"/> language certificate <input checked="" type="checkbox"/> motivational letter <input checked="" type="checkbox"/> CV/ resumé <input type="checkbox"/> recommendation letter

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	<input type="checkbox"/> insurances <input type="checkbox"/> visa <input type="checkbox"/> vaccines	
2b Financial Aspects		
Are there costs related to the study programme? How much are they?	<input checked="" type="checkbox"/> semester contribution <input checked="" type="checkbox"/> tuition fee <input type="checkbox"/> enrolment fee <input type="checkbox"/> others	Fees: total €7.200 Semester contribution: €340,40
How do you finance your study programme (abroad)?	Family income	
Do you get financial support? (e.g. scholarship, BAföG, etc.) - From which institution do you get the financial support? - How much do you get (optional)? Do you have any tips / experiences for application?		
Do you have insights into jobs for students?	Jobs are available the university (ask your lecturers) or at: https://www.stellenwerk.de/hamburg/?qclid=EAlaIQobChMlsbbI5dqJAIV5Y1oCR0ssg6gEAAYASAAEgIPm_D_BwE	
How would you rate the cost of living in your city (in comparison to specific cities in your country?)	Hamburg is quite expensive compared to other cities in Germany	
Based on your experience, how much should someone calculate for accommodation/ food/ public transportation/ wifi?	No idea, but inflation affects Germany	
Are there other costs that need to be considered?	Individual factors based on place of residency e.g., vaccinations, insurances, visa, travel costs	

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3 Studying	
<p>Why did you decide to study at that university?</p> <ul style="list-style-type: none"> - What appealed to you most? - What does it offer what others don't? 	<p>I already lived in Hamburg with 2 children which was the reason I was looking for a flexible study program that could be followed part-time.</p>
<p>Which modules did you take? (brief overview)</p> <p>Which modules did you like/ were special at that university?</p>	<p>All modules are compulsory.</p>
<p>How would you rate the workload/ amount of self-studying/ group work, etc.?</p> <p>How were the lecturers/ teaching style? What was new for you? What did you have to get used to?</p>	<p>Workload was very different, depending on the lecturers. Teaching style was also very divers. Some modules were taught by HAW professors and were in very good quality; others were taught by guest lecturers, with varying quality.</p> <p>Positive: You get to know people from different fields of public health, with different working experience (often international)</p> <p>Negative: Not every lecturer kept to the module handbook or covered the requested topics.</p>
<p>Are there any specialisation areas in your programme? Which did you choose?</p>	<p>No. see above</p>
<p>To which extent were international and global topics discussed/ part of the study programme?</p> <p>Which topics were the most interesting/ you liked most?</p>	<p>Global health presented an important part of the programme.</p> <p>As the majority of students comes from abroad, another part of the programme was to share experiences, values and perceptions between the students, which was quite interesting. Really enjoyed that part!</p> <p>Global Health</p>
<p>Where is the campus located? Is the campus spread throughout the city?</p>	<p>Currently it is in Bergedorf, which is 20 minutes by train from the central station. The campus will move to Oberbillwerder within the next years.</p>

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Is it easy to arrive?	
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4 Living	
Briefly describe your daily life. How is your study-work-life-balance?	Because of the children I only took every second module. So, I had enough time for the family and studied 6 semesters instead of 3.
How do you experience the city/country and people/fellow students? How is the atmosphere?	
What did you learn for yourself personally and culturally? [e.g. an event / situation which was eye-opening / insightful / enlightening]	I learnt to value other approaches to health and wellbeing. I learnt a lot from my fellow students. I met interesting people from other cultural backgrounds I would have never met without studying there. My world view isn't that Europe-centered anymore.
Do you have any tips for leisure activities? <ul style="list-style-type: none"> - What does someone have to see? - Are there college sports at university? - Are there any student events to connect (e.g. coffee break, etc.)? - Are there any (regional) cultural events? 	Hamburg offers a lot of activities on the water or anything besides mountains.
What do you have to consider about public transport? What is important? What is different? <ul style="list-style-type: none"> - Most used transportation? - Are there semester/student tickets? 	You can easily use bicycles in Hamburg or use buses and city trains. The semester contribution includes a semester ticket for unlimited travel on Hamburg's public transport system (HVV).

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<p>What do you need (not) to pack/ prepare?</p> <ul style="list-style-type: none"> - What is life-saving in the host city/ country? - What do you regret (not) bringing? - Do you have any tips for preparation? 	<p>Be prepared for rain in Northern Germany.</p>
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5 Reflection

<p>What is your personal experience about your study programme? Would you recommend the study programme?</p> <ul style="list-style-type: none"> - What did you especially like? - What did you not like? 	<p>There were many lecturers who were really fond of their subject and were eager to share their knowledge and experiences.</p> <p>I really loved to hear working experiences from relevant fields and other countries.</p> <p>I was often frustrated because of organizational matters and the varying quality of the guest lecturers.</p>
<p>How did you experience the organisation and support at your university?</p> <p>Is there any special support for international students?</p>	<p>The study coordinators cared a lot about each individual student, and particularly about the international students. There was always the opportunity to talk.</p> <p>On the other hand, there were many organizational problems that could have been avoided (my opinion).</p>
<p>What are your personal experiences about living in the host city/ country?</p> <p>What broadened your mind? Have you left your comfort zone? Have you changed your mindset? If yes, in which way?</p>	<p>See above</p>

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6 Recommendation	
Do you have other tips for studying the programme & living in the host city/ country?	
Do you have contact persons or information for support: <ul style="list-style-type: none"> - student supports - international office - accommodation service - etc. 	International Office: https://www.haw-hamburg.de/international/ansprechpersonen/international-office/ Studierendensekretariat: https://www.haw-hamburg.de/hochschule/hochschuleinheiten/studierendenzentrum/studierendensekretariat/ Counselling: https://www.haw-hamburg.de/studium/beratung/
Your name, contact information (highly appreciated, but not mandatory)	