

Global & Public Health Programme Reports

1 General Information	
Study programme & Degree (if applicable: undergraduate studies/degree/institution)	M.Sc. Public Health, Specialisation Health Promotion
Weblink	https://www.lshtm.ac.uk/study/courses/masters-degrees/public-health
University	London School of Hygiene and Tropical Medicine
City / Country	London, United Kingdom
Semesters / Years	1 year
Study / semester abroad	<input type="checkbox"/> mandatory <input checked="" type="checkbox"/> optional
Language of instruction	English

2 Preparations / Organizational Aspects	
When did you start to prepare for the study programme?	May for study start in September
What must be considered in preparation for the study programme?	You will need a TOEFL or IELTS if you are not a native speaker in English
How is the application process? Is there a deadline for the application?	The application process only consists of your written application. No oral examination is included in the process. Deadline is in May for September.
2a Documents	
Which documents were needed for the application / country entry? How/Where did you get them?	<input type="checkbox"/> report <input checked="" type="checkbox"/> language certificate <input checked="" type="checkbox"/> motivational letter <input checked="" type="checkbox"/> CV/ resumé <input checked="" type="checkbox"/> recommendation letter

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	<input type="checkbox"/> insurances <input type="checkbox"/> visa <input type="checkbox"/> vaccines	
2b Financial Aspects		
Are there costs related to the study programme? How much are they?	<input type="checkbox"/> semester contribution <input checked="" type="checkbox"/> tuition fee <input type="checkbox"/> enrolment fee <input type="checkbox"/> others	It was 10.000 pounds for the whole year. Might have changed after Brexit.
How do you finance your study programme (abroad)?	Cusanuswerk Scholarship	
Do you get financial support? (e.g. scholarship, BAföG, etc.) - From which institution do you get the financial support? - How much do you get (optional)? Do you have any tips / experiences for application?	Cusanuswerk Scholarship	
Do you have insights into jobs for students?	Some students worked at the school	
How would you rate the cost of living in your city (in comparison to specific cities in your country?)	Living in London is quite expensive especially rent.	
Based on your experience, how much should someone calculate for accommodation/ food/ public transportation/ wifi?	1200-1500 Pounds/month	
Are there other costs that need to be considered? (e.g., vaccinations, insurances, visa, travel costs)	Individual factors based on residency.	

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3 Studying	
<p>Why did you decide to study at that university?</p> <ul style="list-style-type: none"> - What appealed to you most? - What does it offer what others don't? 	<ul style="list-style-type: none"> - Internationally renowned university. - Students AND teachers from all around the world - Small university, which is only focusing on Health looking at it from different perspectives
<p>Which modules did you take? (brief overview)</p> <p>Which modules did you like/ were special at that university?</p>	<p>Public Health, Ethics and Public Health, Qualitative Methods</p> <p>Health Promotion module</p>
<p>How would you rate the workload/ amount of self-studying/ group work, etc.?</p> <p>How were the lecturers/ teaching style? What was new for you? What did you have to get used to?</p>	<p>I would say 70% self-Studying, 30% group work</p> <p>Teaching style was really depending on the teacher. A lot of involvement, questioning, and discussing are asked for. A lot of work in groups is done.</p>
<p>Are there any specialisation areas in your programme? Which did you choose?</p>	<p>Public Health (General Track) Health Promotion, Environmental Health, Research, Health Economics, Health Management</p>
<p>To which extent were international and global topics discussed/ part of the study programme?</p> <p>Which topics were the most interesting/ you liked most?</p>	<p>They were a big part of the study programme. We looked at different areas, but also at the big picture.</p> <p>The interactive part of the Health Promotion stream. We developed our own project.</p>
<p>Where is the campus located? Is the campus spread throughout the city? Is it easy to arrive?</p>	<p>It's in the centre of London and it's easy to get there.</p>

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4 Living	
Briefly describe your daily life. How is your study-work-life-balance?	University from 9am - 5pm with breaks to learn and to chat. Sometimes lectures that were free to attend until 7pm. Sports in the evening, or spending time with friends. But it was a lot of study!
How do you experience the city/country and people/fellow students? How is the atmosphere?	
What did you learn for yourself personally and culturally? [e.g. an event / situation which was eye-opening / insightful / enlightening]	
Do you have any tips for leisure activities? <ul style="list-style-type: none"> - What does someone have to see? - Are there college sports at university? - Are there any student events to connect (e.g. coffee break, etc.)? - Are there any (regional) cultural events? 	I would use "Host UK" to go to a "real UK- family" and to spend time with them <ul style="list-style-type: none"> - Cambridge and Oxford - York - Lake District
What do you have to consider about public transport? What is important? What is different? <ul style="list-style-type: none"> - Most used transportation? - Are there semester/ student tickets? 	

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<p>What do you need (not) to pack/ prepare?</p> <ul style="list-style-type: none"> - What is life-saving in the host city/ country? - What do you regret (not) bringing? - Do you have any tips for preparation? 	
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5 Reflection

<p>What is your personal experience about your study programme? Would you recommend the study programme?</p> <ul style="list-style-type: none"> - What did you especially like? - What did you not like? 	<p>I would recommend the programme.</p> <ul style="list-style-type: none"> - I really liked to work with students from all around the world! And to learn from teachers from every corner of the world. - I did not like the Ethics module. But since I was there, they probably changed it.
<p>How did you experience the organisation and support at your university?</p> <p>Is there any special support for international students?</p>	<p>The university is quite traditional and slow in changing. But I have made the experience that they are interested to hear from the students what does not work and try to change things.</p> <p>Yes.</p>
<p>What are your personal experiences about living in the host city/ country?</p> <p>What broadened your mind? Have you left your comfort zone? Have you changed your mindset? If yes, in which way?</p>	<p>I loved living in London and miss it a lot!</p> <p>I liked that there are living people from all around the world, to eat in restaurants which prepare food from all around the world, to be able to see ballets, musicals etc....</p>

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6 Recommendation	
Do you have other tips for studying the programme & living in the host city/ country?	
Do you have contact persons or information for support: <ul style="list-style-type: none"> - student supports - international office - accommodation service - etc. 	
Your name, contact information (highly appreciated, but not mandatory)	<p>Berenike Obermayer Berenike.obermayer@gmail.com</p> <p>I am really happy to talk to people who are interested in doing the programme!</p>